

From: Jamie Henderson, Cabinet Member for Environment,
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To: Adult Social Care and Public Health Cabinet
Committee – 24 September 2026

Subject: **Performance of Public Health Commissioned
Services (Quarter 1 2026/2027)**

Classification: Unrestricted

Previous Pathway of Paper: None

Future Pathway of Paper: None

Electoral Division: All

Summary: This paper provides the Adult Social Care and Public Health Cabinet Committee with an overview of the activity and Key Performance Indicators for Public Health commissioned services.

In the latest available quarter, April to June 2026, of 14 Red-Amber-Green (RAG) related quarterly Key Performance Indicators, six were Green (met or exceeded target), four were Amber (below target but above the floor threshold), and two were Red (below the target and below the floor threshold). These are detailed below:

- PH01: Number of the eligible population aged 40–74 years old receiving an NHS Health Check
- PH38: Number (%) of people signing-up to One You Kent services being from the most deprived areas in Kent

Two Key Performance Indicators were not available at the time of writing this report. This is detailed below:

- PH06: Number of adults accessing structured treatment Substance Misuse Services
- PH03: Number (%) of people successfully completing drug and/or alcohol treatment of all those in treatment

Recommendation(s): The Adult Social Care and Public Health Cabinet Committee is asked to **NOTE** the performance of Public Health commissioned services in Quarter 1 (Q1) 2026/2027.

1. Introduction

- 1.1. A core function of the Adult Social Care and Public Health Cabinet Committee is to review the performance of services that fall within its remit. This paper

provides an overview of the Key Performance Indicators (KPI) for the Public Health services commissioned by Kent County Council (KCC) and includes the KPIs presented to Cabinet via the KCC Quarterly Performance Report (QPR).

- 1.2. Appendix 1 contains the full table of KPIs and performance over the most recent five quarters. This table includes benchmarking (England, region, nearest neighbour) where available.

2. Overview of Performance

- 2.1. Six of the 14 quarterly KPIs remain above target and were RAG rated Green, four were below target although did achieve the floor standard (Amber) and two were below target and did not achieve the floor standard (Red). Regarding the KPIs RAG rated Amber and Red, commissioners will continue to work with providers to improve performance. The Red KPIs are detailed below:

- Number of the eligible population aged 40–74 years old receiving an NHS Health Check
- Number (%) of people signing-up to One You Kent services being from the most deprived areas in Kent

Two KPIs were not available at the time of writing this report. These are detailed below:

- Number of adults accessing structured treatment Substance Misuse Services
- Number (%) of people successfully completing drug and/or alcohol treatment of all those in treatment

3. Health Visiting

- 3.1. The Health Visiting Service delivers the statutory requirements of the Healthy Child Programme on behalf of KCC, including the five mandated health and development reviews which take place at key developmental stages in a child's life: antenatal (after 28 weeks of pregnancy); new birth; 6–8 weeks; 9–12 months; and 2–2½ years.
- 3.2. In Quarter 1 2026/2027, the Health Visiting Service completed 16,935 mandated health and development reviews. This means that 68,029 out of 74,777 (91%) were completed on a 12-month rolling basis, which exceeds the 86% target. The performance in the current quarter is consistent with performance in previous quarters, reflecting the continued stability and resilience of the service while mobilising against requirements of the new contract, implemented in January 2026. This contract was awarded to the existing provider, Kent Community Health NHS Foundation Trust (KCHFT), under Provider Selection Regime (PSR) – Direct Award route C.
- 3.3. The new contract introduces a range of updated KPIs, including a new KPI focused on outcomes achieved by families participating in the Family Partnership Programme (FPP). In the current quarter, 87% of families participating in FPP met their own identified goal, exceeding the target of 80%.

- 3.4. The proportion of new birth health and development reviews delivered within 10–14 days of birth was 94%, meeting the target of 94%. Furthermore, 99% of new birth health and development reviews were delivered within 30 days of birth, demonstrating that the vast majority of families continue to receive timely reviews.
- 3.5. KCC has continued to excel in health visiting performance compared to other local authorities (LAs) in the South East region, according to the most recent data (Quarter 4 2025/2026) from the Office for Health Improvement and Disparities (OHID). During this period, Kent performed strongly in the delivery rates for the new birth health and development review (2nd of 19 LAs), 6–8 week reviews (3rd of 19 LAs), 12-month reviews by 15 months (3rd of 19 LAs), and the 2–2½ year reviews (2nd of 19 LAs). Additionally, Kent performance exceeded the average national, regional, and nearest neighbour benchmarks for all of these mandated health and development reviews, reflecting the sustained commitment to supporting children and families in Kent.
- 3.6. The following KPIs, originally proposed for reporting in 2026/2027, require additional time to improve data quality, ensuring performance can be reported accurately and appropriate benchmarking can be undertaken to better inform the internal target setting. This data will continue to be collected and analysed throughout 2026/2027, with the aim of commencing performance reporting in 2027/2028.
- PH32: Number (%) of pregnant women (targeted cohort) receiving an antenatal health and development review (face-to-face) by the Health Visiting Service
 - PH33: Number (%) of pregnant women (universal cohort) receiving an antenatal health and development review (face-to-face, online, telephone) by the Health Visiting Service
 - PH34: Number of active families on the Family Partnership Programme (FPP) caseload

4. Adult Health Improvement

- 4.1. During Quarter 1 2026/2027, 4,677 NHS Health Checks were delivered to the eligible population in Kent. This represents a decrease of 20% (1,154) from the 5,831 checks delivered in the previous quarter. This quarter, 18,379 first invitations were issued, compared with 22,898 in the corresponding period of the previous year. Consequently, 20% of the eligible population has been invited to an NHS Health Check in the year to date.
- 4.2. The delivery of NHS Health Checks was significantly affected during this quarter by a number of service changes, including the transition to new provider arrangements for the Health Checks Outreach Service, the insourcing of programme management functions, and the move to KCC direct contracts for GP practices from April 2026. Collectively, these changes impacted service capacity and activity levels, contributing to the reduction in the number of health checks delivered.

- 4.3. There are currently 111 GP practices fully signed up and delivering health checks, with the Primary Care team continuing to build strong relationships to support delivery. As the new arrangements become established, activity levels are expected to increase over the coming quarters, with health check delivery improving throughout 2026/2027. To support engagement and raise public awareness of the new invitation route (SMS text-message invitations), a communications campaign is planned for September 2026.
- 4.4. In Quarter 1 2026/2027, the Stop Smoking Service supported 707 of 1,134 people setting a quit date to successfully quit smoking, achieving a quit rate of 62% (Green). In the current quarter, the core service provider has changed from KCHFT to ABL Health Limited. Initial service delivery was affected by staff consultation and workforce transfer arrangements associated with the provider transition; however, as restructuring and recruitment have progressed, capacity within the service has increased.
- 4.5. Delivery of the Cessation of Smoking Trial in the Emergency Department (CoSTED) programme within acute hospitals also transferred successfully to ABL Health Limited during the quarter. Following a short transition period, the service has resumed this quarter, supported by effective collaboration between the former (Everyone Health) and new providers. Reporting arrangements are being developed to enable monitoring of smoking cessation outcomes generated through this pathway. Targeted work with the Lung Cancer Screening programme has also recommenced, and a fast-track referral process is being developed.
- 4.6. In Quarter 1 2026/2027, the One You Kent (OYK) Lifestyle Service engaged with 979 (43%) people from Quintiles 1 & 2, below the 55% target. Lower referral numbers across the service, particularly in East Kent, were anticipated for the current quarter due to the transition between providers following the re-procurement of the service. The provider has worked proactively to minimise the effect on referrals and, through a continued focus on improving access for residents in Quintiles 1 & 2, performance is expected to improve during 2026/2027. The new East Kent provider has made a positive start and is already developing partnerships, including with Family Hubs and the voluntary, community and social enterprise (VCSE) sector, which are expected to increase referrals from these areas.
- 4.7. Of those completing the weight loss programme in Quarter 4 2025/2026 (reported with a one-quarter reporting lag), 95% achieved weight loss, which exceeds the target of 75%. Service user feedback continues to evidence the value that those participating in the programme place on the changes that they have been supported to make through engagement with the OYK programme.

5. Sexual Health

- 5.1. In Quarter 1 2026/2027, 99.5% of eligible patients were offered an appropriate STI screen and – excluding online referrals – 79% received one, slightly below the 80% target. Additionally, 16,222 face-to-face and virtual sexual health appointments were attended, representing an increase of 8% (+1,210) compared to the corresponding period of the previous year, demonstrating

sustained demand for services. A revised suite of KPIs and performance measures has been developed as part of the new Integrated Sexual Health contracts. These measures provide a more robust and outcomes-focused framework for assessing service performance and monitoring progress against intended service outcomes.

- 5.2. In this quarter, 9,787 home testing kits were ordered through the online STI testing service, while 1,866 Long-Acting Reversible Contraception (LARC) procedures were reported in General Practice so far. The LARC service is currently being recommissioned and the new contract will commence on 01 December 2026.
- 5.3. In addition, 69 people completed a course of psychosexual therapy, with 100% reporting an improvement in their presenting problem. These figures demonstrate the continued ability of providers to respond to and meet strong levels of demand across a range of sexual health interventions.
- 5.4. The Dover Discovery Centre sexual health clinic, which opened in Quarter 4 2025/2026, continued to operate effectively and is now considered an established site, further enhancing access for the local population. In addition, work is progressing within the West Kent service to secure a mobile sexual health clinic, improving access to services for underserved communities.

6. Drug and Alcohol Services

- 6.1. The Adult Community Drug and Alcohol Services data for Quarter 1 2026/2027 had not been released at the time of reporting.
- 6.2. Support for those who engage in chemsex (sexual activity, predominantly between men, while under the influence of drugs) is developing as a growing area of focus across Kent, with increasing awareness among partners and recognition of the complexity of associated needs. The Forward Trust, the East Kent service provider, has an established chemsex pathway, which it continues to develop and publicise. Change Grow Live, the West Kent service provider, is undertaking service redesign work as part of a national programme to improve accessibility to treatment and support and provides dedicated harm reduction packs.
- 6.3. Across Kent, hubs are delivering dedicated women's support groups, providing safe, gender-specific spaces where women can discuss issues related to substance use, recovery, and wellbeing with others who share similar experiences. These groups form an important part of the treatment offer, recognising that women often face distinct barriers to accessing and engaging with structured treatment, including childcare responsibilities, experiences of abuse, concerns about personal safety, and fear of stigma or judgement. Such gender-specific groups have been shown to improve engagement, retention, and outcomes by creating a supportive environment tailored to these needs.
- 6.4. In Quarter 1 2026/2027, 78% of young people exited treatment in a planned way. This represents 60 planned exits, 14 unplanned exits, and 3 transfers. Performance was slightly below target for both those aged under 18 (83%

against a target of 85%) and over 18 (68% against a target of 70%), reflecting the fluctuations typically reported throughout the year. All unplanned closures are reviewed by a manager to ensure that all reasonable attempts have been made to re-engage the young person. This includes contact via phone calls, text messages, letters, and where appropriate liaison with the referrer.

- 6.5. At the end of the current quarter, 169 young people had accessed the structured treatment service, including 102 aged under 18 and 67 over 18 (18–24). These measures are reported cumulatively across the financial year and are currently on track to achieve the respective annual targets. Of the 14 young people who accessed structured treatment and provided feedback, 100% rated the programme as ‘good’ (target = 90%).

7. Mental Health and Wellbeing Service

- 7.1. In Quarter 1 2026/2027, 99.6% of Live Well Kent and Medway clients would recommend the service to family, friends, or someone in a similar situation, exceeding the target of 98%. In this quarter, Live Well Kent and Medway received 2,094 referrals countywide. Timely access to support was maintained, with people generally starting support within seven working days of referral. Wellbeing outcomes remained strong, with 88.8% of people showing improved or maintained wellbeing scores using the [DIALOG](#) scale, slightly below the 89% target. Additionally, a new domestic abuse Mental Health Recovery Pathways service was launched in partnership with the Kent Integrated Domestic Abuse Service (KIDAS) and safer accommodation partners, supporting 24 residents to achieve significant mental health goals in its first quarter. During the current quarter, six new delivery network partners began delivering countywide perimenopause peer support groups, expanding the support available through the Live Well network.

8. Conclusion

- 8.1. Six of the 14 KPIs remain above target and were RAG rated Green, four were below target although did achieve the floor standard (Amber), and two were below target and did not achieve the floor threshold (Red).
- 8.2. Regarding the KPIs RAG rated Amber and Red, commissioners will continue to work with providers to improve performance. It is important to note that a key driver of the recent decline in performance is linked to the changes resulting from re-procurement activity. A temporary drop in performance is typical during periods of mobilisation and change, and it is anticipated that performance, outcomes and value for money will improve as new providers embed and fully establish service delivery.

9. Recommendation

- 9.1. **Recommendation(s):** The Adult Social Care and Public Health Cabinet Committee is asked to **NOTE** the performance of Public Health commissioned services in Quarter 1 2026/2027.

10. Background Documents

10.1. None

11. Appendices

11.1. Appendix 1: Public Health commissioned services KPIs and activity.

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